

**10<sup>th</sup>**

# Conference of the Egyptian Society of Diabetic Foot (ESDF)



11-12

**October  
2018**



Steigenberger  
Hotel El Tahrir  
Cairo, Egypt.

**Prof. Hanan Gawish**

*Chairman of ESDF*

**Prof. Mamdouh El-Nahas**

*Honorary President of ESDF*

## *Executive Board Members of ESDF*

**Prof Manal Tarshoby**

*ESDF Scientific Secretary*

**Prof Omnia State**

*ESDF Treasurer*

## *Organizing Committee*

**Dr. Fady Azmy**

*Lecturer of Diabetes  
& Endocrinology*

**Dr. Ahmed El-Behary**

*Lecturer of Diabetes  
& Endocrinology*





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Conference of the  
Egyptian Society of  
Diabetic Foot (ESDF)

Welcome Letter



*Dear, Colleagues*

It is a great pleasure to announce the 10th annual meeting of the Egyptian Society of Diabetic Foot (ESDF).

ESDF aims to enhance foot care for diabetic patients in Egypt and Arab world through spreading knowledge and enhancing active collaboration between all specialties interested in saving both limbs and lives of diabetic subjects.

On behalf of the organising Committee, it is our great pleasure to invite you to participate in this exciting event.

The conference will overview both science and practice of diabetic foot, with emphasis on the practical aspects of the disease. The conference will be held at :

*Steigenberger Hotel El Tahrir, Cairo, Egypt, 12-11 October 2018*

**Prof. Hanan Gawish**

*Chairman of ESDF and  
Secretary of PADFSG*

**Prof. Mamdouh El-Nahas**

*Honorary President of ESDF and  
Board member of PADFSG*



Executive Board Members of :



*Prof.*  
Mamdouh El-Nahas



*Prof.*  
Hanan Gawish



*Prof.*  
Manal Tarshoby



*Prof.*  
Omnia State



**Prof  
William Jeffcoate**

was first appointed consultant endocrinologist in Nottingham, UK, in 1979. Much of his early research was concerned with non-diabetes endocrinology but the work load of clinical diabetes meant that his research interests slowly shifted in that direction, and to the diabetic foot in particular. He established one of the first ever multidisciplinary clinics for foot disease in 1982 and set up the Foot Ulcer Trials Unit in Nottingham in 2002. Together with Professor Game he has successfully completed a number of large multicentre trials of treatments and he has published extensively – mainly on the reasons why the evidence base for clinical care of the diabetic foot is so weak. He also drew attention to the importance of inflammation in the Charcot foot in a Hypothesis published in The Lancet in 2005. He is currently Clinical Lead of the National Foot Care Audit of England and Wales.



**Dr.  
Nashat Ali Gandoura**

General Surgery Consultant & Diabetic Foot specialist.  
Head of Surgical Departments at King Fahad Hospital, Jeddah, KSA.  
Member of Saudi Society of surgery.  
Member of Scientific & Technical Committees of Diabetic Centers  
in Ministry of Health in Saudi Arabia.  
Establish 1st Diabetic Foot Unit in Saudi Arabia.  
Speaker & Attendance in National & International Diabetic Foot Conferences.  
Member of Gulf Working Group of Diabetic Foot.



- Adel Abdel-Aziz, *Sohag*
- Ahmed El-Behairy, *Mansoura*
- Aliaa Al-Aghoury, *Alexandria*
- Attaa Bakr, *Mansoura*
- Aya El-Bily, *Mansoura*
- Ehab Salim, *Zagazig*
- El-Hadidy Mohamed, *Mansoura*
- Eman El-Shorbagy, *Zagazig*
- Engy Abdel-Wahab, *Tanta*
- Fady Azmy, *Mansoura*
- Fahmy Amara, *Alexandria*
- Farid Fawzy, *Zagazig*
- Gehan Abdel-Kader, *Zagazig*
- Hanan Gawish, *Mansoura*
- Hany Mouwafy, *Mansoura*
- Ibrahim Sabry, *Consultant at Damietta*
- Ihab Nabil, *National Diabetes Institute*
- Inass Shaltout, *Cairo*
- Lobna el-Toony, *Assiut*
- Mabaheg Souka, *Alexandria*
- Mamdouh El-Nahas, *Port Said*
- Manal Tarboshy, *Mansoura*
- Mesbah Kamel, *Consultant at Menia*
- Moghazy Mahgoub, *Ain Shams*
- Mohamed Aboul-Atta, *Mansoura*
- Mohamed Awad, *Zagazig*
- Mohamed El-Sayed, *Mansoura*
- Mohamed Kamar, *Zagazig*
- Mohamed Mashahit, *Fayoum*
- Mohamed Yakout, *Mansoura*
- Mona Abdel-Salam, *Ain Shams*
- Nabil El-Kafrawy, *Menoufia*
- Neven Zaki, *Mansoura*
- Omnia State, *Mansoura*
- Raafat Rashwan, *Zagazig*
- Ragheb Rehaie, *Mansoura*
- Rashad Bishara, *El-Sahel Educational Hospital*
- Saad El-Alamy, *Consultant at Port Said*
- Wael Farag, *Tanta*
- Walaa Khalifa, *Assiut*
- Yara Eid, *Ain Shams*
- Yehia Ghanem, *Alexandria*



### Registration Hours

Registration Desk will be ready on Thursday 11<sup>th</sup> oct 2018 at 8:40 AM  
Registration Desk will be ready on Friday 12<sup>th</sup> oct 2018 at 09:30 AM

### Language

The Official Language is English All lectures and presentations will be held in English Language . There will be no translation available .

### Website

[www.esdf.me](http://www.esdf.me)

### Weather

Thursday 11 <sup>th</sup> October 2017	Hi 31°	Low 21°	Sunny; nice
Friday 22 <sup>th</sup> October 2017	Hi 29°	Low 21°	Mostly sunny

### Important Notes

- > Please, Wear your conference badges all the time as attendees will not be allowed to be present in the conference premises without their personal badges.
- > Smoking is absolutely forbidden.
- > Mobile phones should be set to silent or powered off during all conference sessions.
- > Children will not be allowed to enter the conference area.



10<sup>th</sup>

Conference of the  
Egyptian Society of  
Diabetic Foot (ESDF)

Sponsoring Companies

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08:40 AM	Registration	60 min.
09:40 AM	Egyptian Society of Diabetic Foot Welcome Prof. Hanan Gawish, Chair of ESDF	20 min.

### Session 1 Diabetic Foot Care

**Chairperson:**

Prof. Adel Abd El-Aziz, Sohag University  
Prof. Raafat Rashawan, Zagazig University

Prof. Fahmy Emara, Alexandria University  
Prof. Ragheb Refaie, Mansoura University

10:00 AM	A Decade of Foot Care Mansoura Foot Clinic Outcome Prof. Hanan Gawish, Mansoura University	20 min.
10:20 AM	Measuring The Efficacy of Foot Care Prof. William Jeffcoate, UK	30 min.
10:50 AM	Amputation: Not The End of Story Prof. Mamdouh El-Nahas, Port Said University	20 min.

### MSD Symposium

**Chairperson:**

Prof. Ataa Bakr, Mansoura University  
Prof. Hanan Gawish, Mansoura University

Prof. Gehan Abd Elkader, Zagazig University  
Prof. Mohamad Yakoot, Mansoura University

11:15 AM	Sitagliptin Across The Course of T2DM Management. Prof.. Mohamed Awad	20 min.
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(N=559)

**Reference**

<sup>1</sup> Razavi et al. The effect of initial therapy with the fixed dose combination of sitagliptin and metformin compared with metformin monotherapy in patients with type 2 diabetes mellitus. *Diabetes, Obesity & Metabolism* 13: 644 - 652, 2011.



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### Session 2 Cross talks with Diabetic foot

**Chairperson:**

Prof. Inas Shaltout, Cairo University

Prof. Lobna Eltony, Assiut University

Prof. Mabaheg Souka, Alexandria University

Prof. Moghazy Mahgoub, Ain Shams University

11:40 AM	<b>Interpreting The Plain Foot X-Ray Lessons from An Expert</b> Prof.. Mohamed Abu El-Ata, Mansoura University	20 min.
12:00 PM	<b>Psych of DF Patient- The Missed Part Role of Behavior and Depression on Healing of DF</b> Prof. Neven Zaki, Mansoura University	20 min.
12:20 PM	<b>Vascular Intervention in Diabetic Foot: When and How</b> Prof. Rashad Bishara, El-Sahel Educational Hospital	20 min.

### Novartis Symposium

**Chairperson:**

Prof. Hanan Gawish, Mansoura University

Dr. Ibrahim Sabry, Consultant at Damietta.

Prof. Mamdouh El-Nahas, Port Said University

12:45 AM	<b>Challenges in Management of T2D Patients</b> Prof. Ehab Salim	20 min.
01:05 PM	<b>Break</b>	25 min.

### Session 3 Charcot foot

**Chairperson:**

Prof. Aliaa El-Aghoury, Alexandria University

Dr. Mesbah Kamel, Consultant at Menia

Prof. Mohamed Kamar, Zagazig University

Prof. Mohamad Mashaheet, Fayoum University

01:30 PM	<b>Charcot Foot – New Insight</b> Prof. William Jeffcoate, UK	30 min.
02:00 PM	<b>Surgical Management of Charcot</b> Prof. Hany Mouwafy, Mansoura University	20 min.



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### Sanofi Symposium

**Chairperson:**

Prof. Manal Tarshoby, Mansoura University  
Dr. Saad El-Alamy, Consultant at Port Sai

Prof. Mohamed Yakoot, Mansoura University

02:25 PM	Type 2 Diabetes Management (Journey from Oral to Basal Insulin) Prof. Ehab Salim	20 min.
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### Session 4 Debates in DF

**Chairperson:**

Prof. El-Hadidy Mohamed, Mansoura University  
Prof. Nabil EL-Kafrawy, Menoufia University

Prof. Ingy Abd Elwahab, Tanta University  
Prof. Yara Eid, Ain Shams University

02:50 PM	Debate 1 : Is ABI A Predictor for PAD in DM -With: Dr. Mohamed ElSayed, Mansoura University -Against: Prof. Nashaat Ghandoura ,King Fahd Hospital, KSA	30 min.
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### Merck Symposium

03:25 PM	PAD : Recent Guidelines Overview Dr. Marian Fouad	20 min.
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03:45 PM	Debate 2: Is Diabetic Neuropathy Reversible? -With: Prof. Prof. Eman El-Shorbagy , Zagazig University -Against: Prof Fareed Fawzy, Zagazig University	30 min.
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### Eva Symposium

04:20 PM	Diabetic Neuropathy, Egyptian Perspective Prof. Hanan Gawish	20 min.
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04:40 PM	Lunch	30 min.
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### Session 5 Some Foot Dilemma

**Chairperson:**

Prof. Mohamed Awad, Zagazig University  
Prof. Wael Farag, Tanta University

10:30 AM	<b>Diabetic Foot Infection</b> Prof. Mona Abdelsalam, Ain Shams University	20 min.
10:50 PM	<b>Offloading Problems</b> Dr. Aya El-Bialy, Mansoura University	20 min.
11:10 AM	<b>Difficult Foot Ulcer</b> Dr. Ahmad El- Behairy, Mansoura University	20 min.
11:30 AM	<b>Prayer Time and Break</b>	2 hrs.

### Session 6 Technology & DF

**Chairperson:**

Prof. Eman ElShorbagy, Zagazig University  
Dr. Walaa Khalifa, Assiut University

Prof. Omnia State, Mansoura University  
Prof. Yehia Ghanem, Alex university

01:30 PM	<b>Ultrasound Debridement in Diabetic Foot Ulcer: Mansoura Experience</b> Prof. Manal Tarshoby, Mansoura University	20 min.
01:50 PM	<b>CAD-CAM in DF</b> Dr. Fady Azmy, Mansoura University	20 min.
02:10 PM	<b>Negative Pressure in Diabetic Foot Ulcer</b> Prof Ihab Nabil, National Diabetes Institute	20 min.

### Session 7 Tips and Tricks in Foot Clinic: Everyday Practice

**Chairperson:**

Prof. Hanan Gawish, Mansoura University  
Prof. Manal Tarshoby, Mansoura University

02:35 PM	<b>Tips and Tricks in Foot Clinic: Everyday Practice</b> Prof. Omnia State, Mansoura University	60 min.
03:40 PM	<b>Closing Remarks</b>	20 min.
04:00 PM	<b>Lunch</b>	



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For further information, contact Eli Lilly & Company's Scientific Offices:

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# الحملة القومية لعلاج التهاب الأعصاب الطرفية



## #احساسك\_نعمة

هذه الحملة تحت إشراف: **وزارة الصحة والسكان**  
ورعاية: **شركة إيضا فارما للأدوية**

بالإشتراك مع:



الجمعية المصرية للقدم السكري  
أ.د. **ممدوح النحاس** – الرئيس الشرفي للجمعية  
أ.د. **حنان جاويش** – رئيس الجمعية



الجمعية المصرية للأمراض العصبية  
والنفسية وجراحة الأعصاب



المعهد القومي للسكري  
والغدد الصماء

#احساسك\_نعمة 



We looking forward to see you at

**11<sup>th</sup> Conference of the  
Egyptian Society of Diabetic Foot  
(ESDF)**

17<sup>th</sup>, 18<sup>th</sup> October 2019

Cairo, Egypt

Official Organizer



Extreme for Conferences Organization

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